



Briar Cliff Chargers Women's Volleyball Camps



Briar Cliff University
Sioux City, Iowa

Grades 1-5 Camp	Wednesday, May 22- 4:00pm-6:00pm
Middle School Camp	Thursday, May 23- 4:00pm-6:00pm
High School Camp	Friday, May 24- 1:00pm-4:00pm

Camp Program

The Chargers Volleyball Camps are designed to focus on fundamentals. It is our goal that participants gain improved volleyball skills and become excited about the sport. The camps will emphasize technique through volleyball skills lessons and drill performance.

The camps are one-day events for elementary, middle and high school students.

Camp Director

Lindsey Weatherford, head women's volleyball coach at Briar Cliff University will direct the camps. Weatherford is entering her fifth season with Briar Cliff University. She played volleyball collegiately at Cornell College in Mount Vernon, Iowa and has coached at various levels for 20+ years.

Camp Features

- Camp T-shirt
- Skill development stressed throughout camp
- Campers will be coached by coaches and college players

Camp Cost

Grades 1-5 (Elementary) Camp: \$30 per individual

Middle School and High School Camps: \$45 per individual

Camp Gear

Bring your own practice clothes, court shoes, water bottle and your enthusiasm!

Insurance

Campers must be covered by their family insurance policy. Briar Cliff University is not responsible for injuries.

Questions

Contact: Coach Lindsey Weatherford at (712) 279-1714 or Lindsey.Weatherford@briarcliff.edu

REGISTRATION

To register for a 2024 Charger Women's Volleyball Camp, complete this form and the Parent/Guardian Release & Indemnity Agreement and mail to the address below.

Name _____ Phone _____

Address _____ City _____ State _____ Zip _____

Email _____

Position _____ Height _____ Grade Next Year 1 2 3 4 5 6 7 8 9 10 11 12

Camp Date (circle one)

Elementary May 22

Middle School May 23

High School May 24

T Shirt Size (Circle One)

YS

YM

YL

S

M

L

XL

XXL

Cost: Elementary- \$30 per session

Middle School/High School- \$45 per session

Parent/Guardian Release & Indemnity Agreement

To: 2024 Briar Cliff University Chargers Women's Volleyball Camp

We (or I) hereby request that you accept the application for enrollment of _____ in the 2024 Briar Cliff University Chargers Women's Volleyball Camp ("Camp") during the date(s) set forth in this application. In consideration of your acceptance of this application, we/I, whether one or more, hereby release the Board of Trustees and employees of Briar Cliff University from any claims arising from injuries which may be sustained by our (or my) child while attending the Camp; and we/I agree to indemnify the Board of Trustees and employees of Briar Cliff University from any claims which may hereafter arise as a result of injuries sustained by our/my child while attending the Camp.

Signed _____

Date _____ Phone _____

Make checks for camp payable to

BRIAR CLIFF WOMEN'S VOLLEYBALL

Send registration and payment to



Lindsey Weatherford
Briar Cliff University
3303 Rebecca Street
Sioux City, Iowa 51104